

Episode 54 with Bridget O'Flaherty

Ways to improve sustainable quilting practices

1. Off cut from quilts don't go into the garbage (collect and trade scraps, use the scraps for filling dog bags, trim up scraps into 5.5" or 2.5" squares to use)
2. Donate your fabric to charitable organizations
3. Make cloth bags and use them for shopping
4. Use scraps for dog bags
5. Use LED lights to save electricity
6. Use your clothes to make memory quilts or legacy project
7. Shop for clothes or fabric supplies at thrift stores
8. Support companies that are making an effort to have sustainable processes
9. Be aware of the origins of the fabric you are purchasing
10. Decide if you want to buy organic. If you do, how much of your purchases will it be?

Here are some of the companies with sustainable practices

LDH scissors <https://www.ldhscissors.ca>
Soak Wash <https://soakwash.com>
Kindrel <https://www.kinderel.com>
Simplifi Fabrics <https://www.simplififabric.ca/#>
Two Sisters <https://www.twosistersecotextiles.com>
Meerkat Trading <https://meerkatshweshwe.com>