

OBSTACLES

four day challenge



What is an obstacle? A thing that blocks one's way or prevents or hinders progress.

What do you think is "preventing" you from achieving success with money?

(ie: I have trouble managing my money because I spend only to feel better)

Write down 5 reasons that you feel you haven't made progress with money yet.

- 1.
- 2.
- 3.
- 4.
- 5.

Write down your beliefs about today's topics results -

(ie: Money is hard to come by. Don't try to make money because it is so hard.)

NOW IT'S YOUR TURN:

- 1.
- 2.
- 3.
- 4.
- 5.

Let's change your thought - and see where your results are. New thought = New results:

(Money is fun = Make more money because you are having fun generating more of it.)

- 1.
- 2.
- 3.
- 4.
- 5.